



Key Hunger Facts

In 2011, 50.1 million Americans lived in food-insecure households. That includes 16.5 million children.

North Carolina is ranked #6 for highest food insecurity rates in the United States.

In North Carolina, almost 1 in 5 adults experience food insecurity. 1 in 4 children do.

Every county in North Carolina has a significant food insecurity problem ranging from only as low as 4% of the population to has high as over 30%.

Key Food Waste Facts

In the United States, 10% of our energy and 50% of our land goes to agriculture/food production, but 40% of our food goes uneaten.

American families throw out approximately 25% of their groceries on average.

Americans waste 40% of our agriculture while 15.6% of Americans are hungry.

Important Solutions

Gleaning: We go to farmers who allow us to glean the produce they otherwise have to leave in the field to rot so that we can help get it to people in food insecure situations. Nationally, we gleaned over 32 million pounds of food. 4 million pounds came from the Carolinas.

Buying Habits: The systems are set up the way they are because of the way we buy. You can't change the system on your own, but being more conscious of your habits and being less wasteful is a small way to help.

Food Banks/Pantries: Volunteer at *and* donate to your local food banks and pantries. This infrastructure is vital to the lives of thousands of people across the state in ways you cannot fully realize unless you're hungry. When you donate food, too, donate food you would eat – don't leave the leftovers for those in need.

Contacts:

If you want to get your congregation involved in gleaning efforts, we have area coordinators across North Carolina. You can contact them to get on their email lists when gleanings happen throughout the year:

Area	Name	Phone	Email
Ahoskie	Walker Rayburn	252-426-7167	walkerrayburn@embarqmail.com
Asheville	Bill Walker	828-273-0025	gleanwnc@endhunger.org
Charlotte	Jean Siers	704-951-7672	gleanct@endhunger.org
Eastern NC	Bill Waller	252-522-2180	gleanenc@endhunger.org
Fayetteville	Tricia Lounsberry	910-583-0586	gleanfay@endhunger.org
Triangle	Rebecca Page	919-533-9609	gleantriangle@endhunger.org

Our main office is in Durham, NC. We can be reached at 919-683-3011.

The Society of St. Andrew provides many free resources to local faith communities (<http://www.endhunger.org>) including a wonderful team of speakers who can come speak with your congregations about issues involving hunger, poverty, and stewardship of resources. Send requests to sosanc@endhunger.org or called 919-683-3011.