IT TAKES A YEAR:

CHANGE, GROWTH AND RENEWAL IN THE CHURCH

- I. Me and We
- II. Our Identity
 - a. Who have we been?
 - b. Who do we say we are?
 - c. What do we want?
 - d. What are we ACTUALLY doing?
 - e. What are our goals?
- III. Creating a Theology of Change
 - a. Creation=Change
 - b. Transformation=Change
 - c. Death and Resurrection=Change
 - d. Teaching Task for Church Leadership (Ministry Staff and Lay Leaders)
 - i. We are always changing
 - ii. We can change responsibly
 - 1. Acknowledging our history
 - 2. Respectful of people
 - 3. Meaningful change
 - 4. Spiritually led change
 - iii. Change is in keeping with God's work in scripture and church history
 - e. Babies and Bathwater
 - i. Evaluation of needs
 - ii. Protection of vulnerable
 - iii. Gentleness in process
- IV. The Process
 - a. Step 1—Searching for the Next Right Change
 - i. Self-Differentiation
 - 1. What is our actual truth?
 - 2. What pressures are working on us?
 - 3. Are those pressures valid?

- ii. Seeking Homeostasis
 - 1. What are we holding up?
 - 2. What is creating imbalance?
 - 3. Where is the anxiety?
 - a. Who are most vulnerable?
 - b. Who are most responsible?
 - c. Who are most immature?
- b. Step 2—Asking Questions
 - i. How are things going?
 - 1. Evaluate
 - a. Surveys
 - b. Conversations
 - c. Lunch meetings
 - 2. Evaluate broadly
 - a. Across gender
 - b. Across age groups
 - c. Diversity!!
 - ii. What results are we looking for?
 - iii. What is worth trying?
 - iv. What is not worth trying?
 - a. Antithetical to our church culture
 - b. Church not ready
 - i. Is preparing church for readiness the task?
 - ii. Should the church get ready?
- c. Step 3—Proposal
 - ANXIETY ALERT—THIS STEP IS MOST STRESSFUL STEP
 - 1. Change is being talked about seriously
 - 2. Scenarios invoke imagination
 - 3. Division INEVITABLE without preparation
 - a. Factions
 - b. Scape goats
 - c. Closed door meetings
 - d. Blaming
 - e. Worst case scenarios
 - f. Conspiracy theories

- ii. Base Proposals on Research
 - 1. Evaluations from Step 2 should be PROMINENT
 - 2. Evidence should be available upon request of the issue being addressed
 - 3. Clear relationship between RESEARCH and PROPOSAL should be in evidence
 - 4. Buy-in of Leadership
 - a. Small group makes proposal to Leadership
 - b. Leadership makes proposal to Congregation
- d. Step 4-Communication
 - i. Face to Face
 - Meetings—Special Sessions on this topic
 - 2. Existing Systems—Small Group learning opportunities
 - 3. Media
 - a. Publications
 - b. Social media
 - 4. Individual conversations
 - a. Leadership is now in LISTENING MODE
 - ii. Breaking Triangles
 - 1. Kindly, Gently, Refuse to be Triangled
 - a. Send people to each other
 - b. Do not keep secrets or promise to keep secrets
 - i. A confidence
 - 1. Person speaking about him/herself
 - 2. Told as confession
 - ii. A secret
 - 1. Person speaking about someone else
 - 2. Told for power
 - 2. Create safe spaces
 - a. Affirm ideas
 - b. Set clear boundaries
 - c. Establish rules for play
 - 3. Listen and Respond
 - a. Proposal WILL change
 - b. Constant evaluation

- i. babies and bathwater
- ii. GOALS
- iii. Understand the "Year"
 - 1. Saturation of information
 - 2. Opportunities to talk, think, explore
 - 3. Chances to question and revise
 - 4. Space for emotions and grief
 - 5. Dispelling anger through careful listening
 - 6. Honoring traditions/Saying good-byes
 - 7. Fatigue
 - 8. All the words
 - 9. Fairness of process/transparency of process
- e. Step 5-Vote!
 - i. Rules for Vote Day:
 - 1. Leaders are silent
 - a. Explain voting process
 - b. Nothing else
 - 2. People can offer last words
 - a. Brief
 - b. To the point
 - 3. Vote is transparent—no "special" rules
 - 4. Announce results promptly
- f. Step 6—Rituals of Change
 - i. Good-byes
 - 1. Grief process
 - 2. Simultaneous with celebration
 - 3. Gratitude
 - 4. Hopefulness
 - ii. Use sacred traditions
 - 1. Familiar
 - 2. Meaningful
 - 3. Lower anxiety
 - iii. NEVER STOP EVALUATING

Resources for Further Study:

Generation to Generation: Family Process in Church and Synagogue by Edwin H. Friedman

The Hidden Lives of Congregations: Discerning Church Dynamics by Israel Galindo