



Cooperative Baptist
Fellowship North Carolina

FAITH FAMILY TALKS

CBFNC is offering this new resource from the CBF Children's Ministry Network, to our state fellowship to provide families weekly spiritual conversation starters. Our hope is that this resource empowers parents to have more faith-filled conversations at home.

Listen. Talk. Go.

August 2022

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FEATURED RESOURCES: FAITH FAMILY TALKS

WEEK OF AUGUST 7

Listen.

Open your Bible and read Exodus 2:1-10 with your family.

Have you ever experienced a time when you were scared or unsure of what might happen next? Sometimes not knowing what will happen in the future makes us worried or afraid.

In our Bible story today, baby Moses' family could no longer keep him safe from the Pharaoh. So, they put him in a basket, placed him in the river, and hoped that someone might save him. They didn't know what was going to happen to baby Moses. They were probably nervous, scared, and worried about what would happen.

But God was watching over them and over baby Moses. God had a big plan for Moses and wanted to keep Moses safe. God put the Pharaoh's daughter in the water on that same day so she would see baby Moses floating down the river in the basket. Pharaoh's daughter adopted Moses as her own son so Moses was now safe.

Just like God was watching over Moses, God also watches over you. Whenever you are worried, scared, or unsure of what will happen next, know that God is always with you, watching over you, and loving you.

Talk.

- I wonder how Moses' family felt when they put Moses in the basket down the river.
- Share about a time when you were scared, worried, or nervous.
- How can you feel God and know God is watching over you during these times?

Dear God, sometimes we get worried, scared, or nervous. We are afraid about what will happen next. During these times remind us what you are with us, watching over us, and that you love us. Amen.

Go.

Preschool-Early Elementary: Find a baby doll or stuffed toy. Wrap it in a blanket or towel. Take turns hiding it in your house and letting your family find the baby, just like the Pharaoh's daughter found Moses in the river.

Older Elementary: Make a meal and take it to a family who recently had a baby.



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WEEK OF AUGUST 14

Listen.

Open your Bible and read Exodus 3:1-12 with your family.

In our story today, Moses talks to God in a burning bush. Moses sees a bush on fire, but it's not burning up. As Moses approaches the burning bush, he hears God. God gives Moses instructions on rescuing the Israelites from slavery in Egypt.

Have you ever experienced God or talked to God like Moses? God can communicate to us in many different ways, and most of the time it's not through a voice. God can talk to us through music when we hear a song. God can talk to us when we're in nature as we see all the things God created. God can talk to us through other people when they encourage us and love us – reminding us how God loves us too.

God is always around us working in the world, wanting to communicate with us. We just have to keep our eyes and ears open to all the wonderful things God does around us.

Talk.

- I wonder how Moses felt when he saw the burning bush but it wasn't burning up.
- How have you experienced God communicating with you?

Dear God, thank you for wanting to communicate with us. Help us to be aware of you. Help us to keep our eyes, hearts, and ears open to see the ways you are communicating with us each and every day. Amen.

Go.

Grab a blanket and go sit outside with your family. Take a minute to look around you and notice all the things God created. Together pray a breath prayer. Breathe in and out for one minute with your eyes closed. Listen to the sounds around you. As you breathe in think the words, "God is with me." As you breathe out think the words, "everywhere I go."



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WEEK OF AUGUST 21

Listen.

Open your Bible and read Exodus 4:1, 10-16, 21, 27-31 with your family.

Have you ever needed a helper to assist you in doing something you could not do by yourself? In today's story Moses needed help. God wanted Moses to be a leader and talk to all the Israelite people and free them from slavery from the Pharaoh. But Moses couldn't do it. He had difficulty speaking in front of people. What was Moses going to do?

Moses didn't need to worry, because God had a plan. God sent Moses' brother, Aaron, to be his helper. Aaron was great at speaking. God would tell Moses what needed to be said, then Moses would tell Aaron, and then Aaron would tell all the people.

There are things in our lives that are sometimes hard to do alone. In those times, God sends us helpers to assist us so we don't have to do the hard things alone.

Talk.

- I wonder how Moses felt when God told him he would send his brother Aaron as a helper.
- When has someone helped you?
- When have you helped someone else out?

Dear God, thank you for giving us people in our lives that can be our helpers. Thank you for not letting us have to do hard things alone. Remind us to be helpers to other people around us. Amen.

Go.

God gives family to help us do difficult things. What's something hard that you're having to do right now? How can your family help you? Partner up with a family member and come up with one way to help them this week.



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WEEK OF AUGUST 28

Listen.

Read Exodus 12:50-51, 14:15-18, 21-31, 15:1-3 as a family.

With God's help Moses and the Israelites did it! They were free from slavery from the Egyptians!! God helped them get through the Red Sea and escape the Egyptian army. They could finally be free to go to the land God had promised them. They were safe. There was much for the Israelites to celebrate.

One of the first things the Israelites did when they escaped the Egyptian army was praise and worship God. The Israelites knew they did not escape slavery on their own; they knew it was because of God they were free. They wanted to worship and praise God for all that God did for them. They sang a song to God praising God and listing all the ways God helped them and blessed them.

Just like the Israelites praised and worshipped God for all the blessings God gave them, we too can thank God for the good things that happen in our lives.

Talk

- I wonder how the Israelites felt as they were trying to flee from the Egyptian army. I wonder how they felt once God helped them safely get through the Red Sea.
- How did the Israelites thank God for rescuing them from slavery?
- How can you thank God this week for the good things you've experienced?

Dear God, you have given us so many wonderful things. Our family, our friends, our church, our school, the air we breathe and so much more! Help us to be like the Israelites and praise you for all of our blessings. Amen.

Go.

Get a blank piece of paper and markers or crayons. Write or draw a thank you card to God. List out all the good things God has given you lately. Share with your family what you wrote or drew in your own thank you card.



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